# **Nuclear Medicine Patient Information**

## First Pass

Welcome to VCU Health Nuclear Medicine. We are located in the Gateway Building, 2<sup>nd</sup> floor, 1200 East Marshall Street. Our hours of operation are Monday through Friday, 7 am to 5 pm. Advanced scheduling is required for all nuclear medicine exams. Please review the following information about your test. Please call (804) 828-6828 to schedule your test or if you have any questions about your nuclear medicine exam.

#### What is it?

Imaging to determine heart function.

#### Why are you having this test?

This test is used to determine how well your heart is pumping blood (ejection fraction) through your right and left ventricles.

### Preparing for the test

- No patient preparation.
- Take your medications as prescribed.
- Bring a picture ID and insurance information.
- Bring with you a current list of medications (including Over the Counter, Herbal, Vitamins, Supplements, etc.) and current allergies.
- Please arrive 15 minutes before your scheduled appointment.

#### What to expect during the test

- The test will take 30 45 minutes.
- A needle (IV) will be placed in a vein (intravenous catheter), unless you have central access (i.e. Portacath, Hickman or PICC line).
- A radioactive tracer will be administered through the IV or central access as you stand/sit in front of a camera.

 The images will be checked for quality by our Physician and more pictures may be needed.

#### **After Care Information**

- You may return to all your normal activities.
- Most of the radioactive tracer leaves your body through your urine. Drinking extra fluids may help the tracer leave your body faster.

## Contact information if questions or concerns

 Any Questions: Please contact us at (804) 828-6828 and ask to speak to a Nuclear Medicine Technologist. After hours, please call (804) 828-3699.

### Follow-Up Care after the procedure

- Results will be available in 1-2 business days.
- For Results: Please contact the Physician that ordered your test.

